To all our dance students!

Welcome to a new semester at Steps Dansestudio ⁽²⁾ Below you will find important information regarding the spring semester of 2020.

RULES

In order for everyone to get a positive experience from the dance classes, we ask that you read through the rules that apply here at Steps.

1) Always arrive in time before the class starts. If you arrive late, ask the

- teacher if you can attend the class. The first warm up exercises are very important to help prevent injuries.
- 2) Shoes that have been worn outside are not permitted in the dance studios.
- 3) Chewing gum and food is not allowed during the class.
- 4) Mobile phones must be switched off. Filming is not allowed.
- 5) Course participants will be staying inside the dance studio during the class. Guests and parents can wait in our reception/seating areas.
- 6) Remember to eat before the dance class. It is hard to learn on an empty stomach!
- 7) Remember to bring positive energy \odot

DRESS CODES

Read more about our dress codes for the various dance classes on our website or ask your teacher.

DISCOUNT ON DANCE EQUIPMENT FROM LA DANSE

We have a deal with the store La Danse, and all our students get a 10% discount on all purchases made in their online store. How to purchase items with your discount:

- Open the website <u>www.ladanse.no</u>
- Choose the items you want to order
- Go to shopping cart
- Press "Kupongkode" to the left, and type: stepsdans20.
 Then press "Bruk rabattkupong"

Your discount will automatically appear in the payment field to the right.

INFORMATION FOR THE TEACHER

If you or your child have any allergies, illnesses or other special needs that the dance teacher should know about, please contact us as soon as possible. Please send an email and mark it with your name and student number.

TRANSPORTATION/PARKING

Steps Dansestudio is located at Mariero in Breidablikkveien 3B - next to Meny Helgø, and in the same building as SR-Bank. Here there is free parking and very good connections with both trains and buses. You can use parking slots around the entire building, but not those labeled with "Studio Slettvoll".

Arrival and departure:

For safety reasons, we appreciate if you avoid driving down to the front door. Take care of each other

Idling:

We ask everyone who brings and picks up students at Steps to avoid letting the car go on idle. Steps has students with asthma who get ill from the exhaust. (Exhaust is not good for anyone's health, but it is especially bad for people with respiratory diseases.) The parking spaces in front of the building are very



close to the studios that have windows facing the road. We often have open the windows and need fresh air! You are warmly welcome to come in and wait indoors 😊

Reflex:

We encourage all our students to use reflexes as long as it is still dark. We have had some almost collisions, so be careful ⁽²⁾

IMPORTANT DATES FOR THE SPRING SEMESTER OF 2020

Semester start: Week 3 Winter holiday (closed): Week 9 Easter holiday (closed): Week 15 and 16

Holidays in May

There are no classes during the «red days» in May. Because of holidays in May (1st of May) the semester will end on different dates.

Last week of classes

Week 20: Last dance class for students who attend class on Mondays, Tuesdays, Wednesdays and Thursdays.

Week 21: Last dance class for students who attend class on Fridays.

17th OF MAY

We invite all our students to participate in "Folketoget" in Stavanger. More information will come later.

FREE TRYOUT CLASSES DURING THE FIRST WEEKS

We offer free tryout classes on all dance courses that have available spots during the first weeks.

This is what you do to sign up for a tryout class:

- 1. Create a student profile on our website.
- 2. Contact the office the day you wish to dance and register your trial lesson.

NB! Maximum 3 free tryout classes per person per semester. Only 1 free tryout per course.

We remind you that we have many great dance courses for everyone from 4 years to 40+. Everyone is welcome! Bring a new dance friend!

FOLLOW US ON INSTAGRAM, FACEBOOK AND OUR WEBSITE

Keep in mind that you can always find important information from Steps on our website: www.steps-dansestudio.no. Feel free to follow us on Instagram and Facebook as well.

We are looking forward to dancing with you ③ See you soon!

Greetings from the dance teachers at Steps Dansestudio