

To all our dance students!

Welcome to a new semester at Steps Dansestudio 😊

Below you will find important information regarding the autumn semester of 2019.



RULES

In order for everyone to get a positive experience from the dance classes, we ask that you read through the rules that apply here at Steps.

- 1) Always arrive in time before the class starts. If you arrive late, ask the teacher if you can attend the class. The first warming up exercises are very important to help prevent injuries.
- 2) Shoes that have been worn outside are not permitted in the dance studios.
- 3) Chewing gum and food is not allowed during the class.
- 4) Mobile phones must be switched off. Filming is not allowed.
- 5) Course participants will be staying inside the dance studio during the class. Guests and parents can wait in our reception/seating areas.
- 6) Remember to eat before the dance class. It is hard to learn on an empty stomach!
- 7) Remember to bring a good mood 😊

DRESS CODES

Read more about our dress codes for the various dance classes on our website or ask your teacher.

DISCOUNT ON DANCE WEAR FROM LA DANSE

We have a deal with La Danse who gives all our students 10% discount when you make a purchase in the web shop.

To use the discount you need to follow these steps:

- Visit www.ladanse.no
- Order you items
- Go to the shopping cart
- Press "Kupongkode" and write: `stepsdans19`
- Press "Bruk rabattkupong"

INFORMATION FOR THE TEACHER

If you or your child have any allergies, illnesses or other special needs that the dance teacher should know about, please contact us as soon as possible. Please send an email and mark it with your name and student number.

TRANSPORT/PARKING

Steps Dansestudio is located at Mariero in Breidablikkveien 3B - next to Meny Helgø, and in the same building as SR-Bank. Here there is free parking and very good connections with both trains and buses. You can use parking slots around the entire building, but not those labeled with "Studio Slettvoll".

Arrival and departure:

For safety reasons, we appreciate if you avoid driving down to the front door. Take care of each other 😊

Idling:

We ask everyone who brings and picks up students at Steps to avoid letting the car go on idle. Steps has students with asthma who get ill from the exhaust. (Exhaust is not good for anyone's health, but it is especially bad for people with respiratory diseases.) The parking spaces in front of the building are very close to the studios that have windows facing the road. We often have open the windows and need fresh air! You are warmly welcome to come in and wait indoors 😊

Reflex:

We encourage all our students to use reflexes as long as it is still dark. We have had some almost collisions, so be careful 😊

CHRISTMAS SHOW 2019

Every autumn semester, we put up a large student performance in Sandnes Kulturhus. This is the highlight of the year for students, teachers, parents and friends! We spend the fall preparing for this big event and all students at Steps are welcome to participate.

Participation in the performance is of course voluntary, but most people want to participate.

This experience brings memories to life for everyone.

When we are approaching the performance, much of the dance classes will be used to practice choreography. If you do not have the opportunity to participate in the performance, you are of course welcome to attend all the classes. Perfecting choreography is an important part of dance education.

Therefore, all students will benefit from this process, whether they are in the show or not.

Tickets will be put up for sale in good time before the show.

We have previously put up, among others: "Narnia", "Charlie and The Chocolate Factory", "Romeo & Julie" and "The Jungle Book" (see pictures on our website).

This year's theme is still a secret...

IMPORTANT DATES FOR THE FALL SEMESTER OF 2019

Semester starts		week 34
Autumn holidays (closed)		week 41
General rehearsals in Sandnes Kulturhus (from 5th grade and up)	Thursday / Friday	week 48
Christmas performance in Sandnes Kulturhus	Saturday / Sunday	week 48
General rehearsals in Sandnes Kulturhus (from 5th grade and up)	Thursday / Friday	week 49
Christmas performance in Sandnes Kulturhus	Saturday / Sunday	week 49

(More details on when your class are performing will come later)

FREE TRYOUT CLASSES DURING THE FIRST WEEKS

We offer free tryout classes on all dance courses that have available spots during the first weeks.

This is what you do to sign up for a tryout class:

1. Create a student profile on our website.
2. Contact the office the day you wish to dance and register your trial lesson.

NB! Max 3 free tryout classes per person per semester. Only 1 free tryout per course.

We remind you that we have many great dance courses for everyone from 4 years to 40+.

Everyone is welcome!

Bring a new dance friend!

FOLLOW US ON INSTAGRAM, FACEBOOK AND OUR WEBSITE

Keep in mind that you can always find important information from Steps on our website:

www.steps-dansestudio.no.

Feel free to follow us on Instagram and Facebook as well.

We are looking forward to dancing with you 😊

See you soon!

Greetings from the dance teachers at Steps Dansestudio