

## TO ALL OUR DANCE STUDENTS FROM 4 YEARS TO 4<sup>TH</sup> GRADE!

Welcome to a new semester at Steps Dansestudio 😊  
THE SEMESTER BEGINS IN WEEK 3!

Below you will find important information regarding the spring semester of 2023. We ask that you read our guidelines carefully before attending class in week 34. That way we can ensure a good start to the semester for all our dancers.



### ENTRANCES AT STEPS

Steps have 7 dance studios with 2 different entrances:

Entrance A: to dance studio 1, 2, 3, 4 and 5

Entrance B: to dance studio 6 and 7

(See the enclosed map for description's and parking information.)

### IMPORTANT RULES

In order to make the dance class experience as positive as possible for the little ones, we ask all the parents to explain the rules that apply here at Steps Dansestudio, to your child before the semester begins.

### BEFORE AND DURING DANCECLASS

#### No parents in the dance studio

It is important that you prepare your child that you (parents/guardians) are not going to join the dance class. With parents inside the studio, we know from experience that the children concentrate less and benefit less from the class. In order for the children to feel comfortable, we ask you to wait just outside the building.

#### Toilet visits

Remember to go to the bathroom before the class starts. This is important in order for the dance class to run smoothly without too many toilet breaks. If one must go, all must go... All children are different and some needs to go more often than others do. If your child has special needs, please let us know in advance.

#### Food and drink

Food, water bottles and chewing gum is not allowed inside the studio. Drink water before and after class.

#### Information for the teacher

If you or your child have any allergies, illnesses or other special needs that the dance teacher should know about, please contact us as soon as possible. Send an email and mark it with your name and customer number.

### TRANSPORTATION/PARKING

Steps Dansestudio is located at Mariero in Breidablikkveien 3B - next to Meny Helgø, and in the same building as SR-Bank. Here there is free parking and very good connections with both trains and buses. You can use parking slots around the entire building, but not those labeled with "Studio Slettvoll".

#### Arrival and departure:

For safety reasons, we appreciate if you avoid driving down to the front door.  
Take care of each other 😊

#### Idling:

We ask everyone who brings and picks up students at Steps to avoid letting the car idle.

Steps has students with asthma who get ill from the exhaust. The parking spaces in front of the building are very close to the studios that have windows facing the road. We often open the windows to get fresh air! 😊

### **Reflective clothing:**

We encourage all our students to use reflective clothing items throughout the fall semester. We have had some near-collisions, so be careful 😊

### **DRESS CODES**

#### **Dress code girls - barnedans:**

Ballet suits or clothes you can move freely in

Bare feet or ballet shoes

Hair in a ponytail/bun

#### **Dress code girls - children's ballet:**

Ballet suit

Pantyhose/tights

Ballet shoes

Hair in a ponytail/bun

#### **Dress code girls - streetkids:**

Clothes you can move freely in

Bare feet

Hair in a ponytail/bun

#### **Dress code - boys:**

Clothes you can move freely in

Bare feet

### **DISCOUNT ON DANCE EQUIPMENT FROM LA DANSE**

We have a deal with the store La Danse, and all our students get a 10% discount on all purchases made in their online store. How to purchase items with your discount:

- Open the website [www.ladanse.no](http://www.ladanse.no)
- Choose the items you want to order
- Go to shopping cart
- Press "Kupongkode" to the left, and type: **stepsd23**  
Then press "Bruk rabattkupong"  
Your discount will automatically appear in the payment field to the right.

### **IMPORTANT DATES FOR THE SPRING SEMESTER 2023:**

Semester start: Week 3

Winter holidays (closed): Week 9

Easter holidays (closed): Week 14 + Monday week 15

**17. MAI - We're dancing in FOLKETOGET! More information to come 😊**

### **CLOSED:**

**Monday 1. Of May**

**Thursday 18. Of May**

**LAST WEEK OF TEACHING AT STEPS:**

**Monday courses: week 21**

**Tuesday courses: week 19**

**Wednesday courses: week 19**

**Thursday courses: week 19**

**Friday courses: week 19**

**FREE TRYOUT CLASSES DURING THE FIRST WEEKS**

We offer free tryout classes on all dance courses that have available spots during the first two weeks.

This is what you do to sign up for a tryout class:

1. Create a student profile on our website.
2. Contact the office the day you wish to dance and register your trial lesson.

NB! Maximum 3 free tryout classes per person per semester. Only 1 free tryout per course.

We remind you that we have many great dance courses for everyone from 4 years to 60+.

Everyone is welcome!

Bring a new dance friend!

**FOLLOW US ON INSTAGRAM, FACEBOOK AND OUR WEBSITE**

Keep in mind that you can always find important information from Steps on our website:

[www.steps-dansestudio.no](http://www.steps-dansestudio.no).

Feel free to follow us on Instagram and Facebook as well.

We are looking forward to dancing with you 😊

See you soon!

Greetings from the dance teachers at Steps Dansestudio